



# Camryn VanMaldeghem

**Sport/Activities:** Volleyball, Basketball, Softball, Track, Student Ambassadors, FCA

**Grade:** Junior

**What do you list most about participating in the activities that you are involved in?** I enjoy spending time with my friends during sports. I am a competitive person, and love being able to compete with my teammates.

**What motivates you to do your best?** I am competitive and always want my team to perform the best they can. My teammates and coaches are always pushing me to work hard.

**Who is your role model and why?** My sister Quinn is my role model, cause she is always trying to compete with me in running and sports. She pushes me in basketball practice by playing hard defense. Shes always giving 100 percent in everything we do. She's always pushing me to be better, and shes uniquely true to herself.

**What advice would you give to other students especially students in elementary and middle school?** Always be kind and positive to people. Go outside your comfort zone and try new things. Don't overthink or overlook things. Don't be afraid to make mistakes. Don't be afraid of failing cause failing means you're at least trying.

**What makes you a good teammate for the sport/activity that you are involved in?** I am very positive and encouraging to my teammates. I love to talk so I have good communication with my teammates. I respect my teammates and I'm a good role model towards them.

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